



## The History of Ice Cream - International Dairy Foods Association

We all want to know where the delicious and sweet delicacy of Ice Cream came from, sadly there is no exact date of its origin. However, there are records that trace the dessert from the times of Alexander the Great, the bible referenced King Solomon enjoying iced drinks, Marco Polo developed a recipe for the sherbet and Charles I regularly dined with “cream ice,” at the dinner table.

The International Dairy Foods Association introduces the text of Ice Cream with an explanation of its origins, the influence it has served in the military during WWII and the amount of production it is creating today. The author is using an informational approach, teaching the general audience about the origins and genesis of ice cream.

To all of the ice cream lovers, frozen ice enthusiasts, men and women of all ages who overindulge themselves to a half gallon of ice cream while watching Netflix, you better be glad that the dairy delicacy isn't only for the elite anymore. That's right, back in the day, before the 1800s, ice cream was “a rare and exotic dessert enjoyed mostly by the elite.” In fact, Thomas Jefferson has an 18-step recipe for an ice cream. George Washington, would spend a couple hundred dollars on ice cream throughout the summer of 1790 and because of inflation that would be in today's currency, a little over \$5,000.

The genre is a very formal and interesting piece. Through its objectivity, the reader can look up numerous other sources to learn more about the content within this text. The smaller pieces from within the text play a bigger role in elaborating the influence ice cream has had throughout the many years of its existence. An interesting passage, the importance is evident and goes without saying that many people will learn several facts about history of ice cream and what makes it so popular. *The History of Ice Cream* memorializes the dairy product, celebrating the journey it has undergone many centuries ago and how much of an impact it has had on the world to this day.